

Sound and Music

In Motion

How to apply



**Easy
Read**

Easy Read



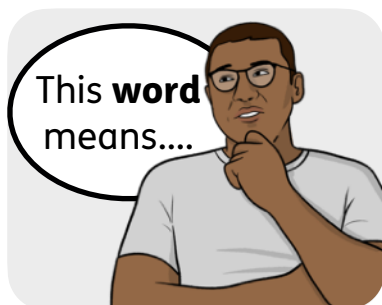
This is an Easy Read version of some information. It may not include all of the information but it will tell you about the important parts.



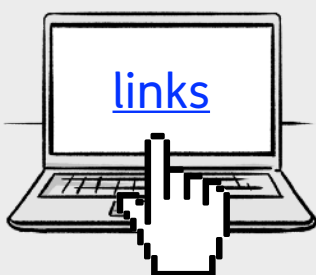
This Easy Read booklet uses easier words and pictures. Some people may still want help to read it.



Some words are in **bold** - this means the writing is thicker and darker. These are important words in the booklet.



Sometimes if a bold word is hard to understand, we will explain what it means.



[Blue and underlined](#) words show links to websites and email addresses. You can click on these links on a computer.

What is in this booklet

About this booklet	4
About In Motion	5
Who we are looking for	7
Support we offer	11
How to apply	12
If you have any questions	18

About this booklet

Sound and Music

This is information from Sound and Music about our project called In Motion.



The project will help 10 artists to write and make music.



We will tell you how to apply for this project.

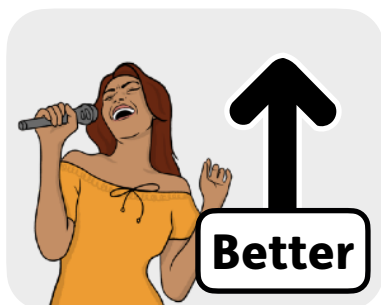


You need to apply by 11.59pm on 3 November 2025.

About In Motion



In Motion will give support to 10 artists who want to write and make music.



The aim of In Motion is to help artists make their music even better.



It will last for a year and a half.



Artists will get some money to:

- Help them work on their music.

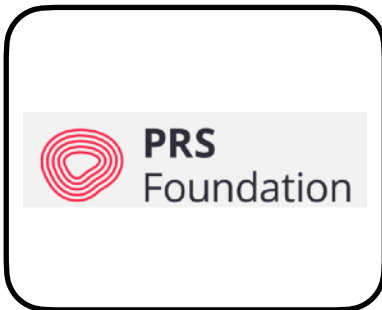


- Support them to think of new ideas or projects.

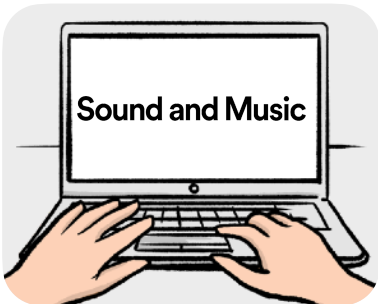
We are able to run In Motion thanks to support from:



- Arts Council England.



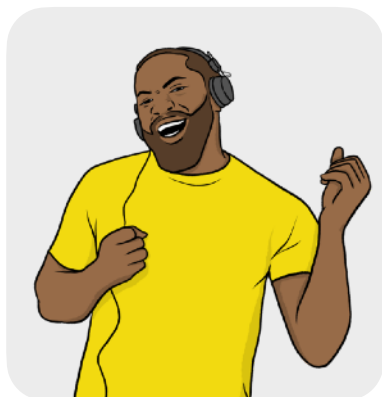
- PRS Foundation.



You can find out more on our website here:

[www.soundandmusic.org/
programmes/in-motion/details](http://www.soundandmusic.org/programmes/in-motion/details)

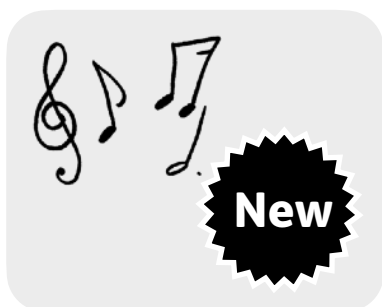
Who we are looking for



In Motion is looking to support **composers**.

By **composers**, we mean anyone who creates art using music or sound - you might make the music yourself or write it for others.

You must:



- Be interested in trying out new ways of making music.



- Be able to think about your work and how you could work in a better way.



- Be in charge of your own learning to get the most out the project.



We want to help artists to take the next big step in their job.



This might be something like:

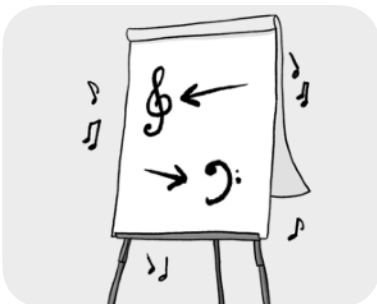
- Making music in a new way.



- Making music for new groups of people who might not have heard your work before.



- Working more on music that you make on your own.



- Bringing together different parts of your work that were not connected before.

A big step in your career might also be something like:



- Finding out what success means to you in your work.



- Learning more about how you work and your own needs.



- Making bigger work, or work that will be heard by more people.

A big step in your career might also be something like:



- Taking **risks** in your work with support from others.

A **risk** is when you do something without knowing what is going to happen.



- Working with other artists who you have not worked with before.

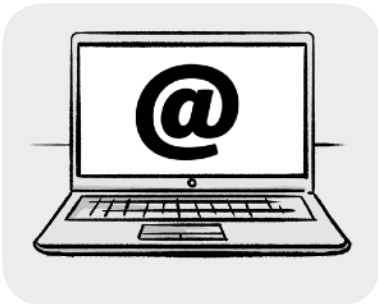


- Working with new kinds of music that you have not worked with before.

Support we offer



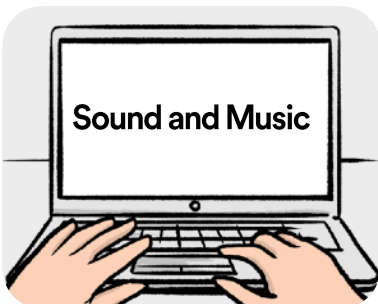
We want to make our projects open to as many people as possible.



If you would like to find out about how we can support your needs, please contact Grace Bailey by email: Grace.Bailey@SoundandMusic.org

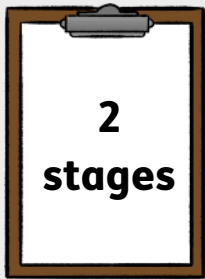


If you would like to have a session with one of our support workers, you need to let us know by 15 October 2025.



You can read more about the support we offer here: www.soundandmusic.org/programmes/access-support

How to apply



There are 2 stages to applying for support from In Motion.



The first stage is open to anyone.



We will then ask certain people to complete stage 2.

In stage 1, you will send us:



- Some information about who you are, like your name and address.



- A short piece of writing up to 250 words about you, called a bio.

Tell us about how you make art



We would like you to tell us about how you are getting on with your art right now.



Answer the questions on the next page to help us understand how you make art.

In no more than 250 words, please tell us:



- What is important in your work right now?

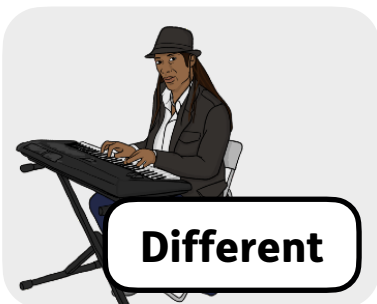


- What is working well and what is not working well?

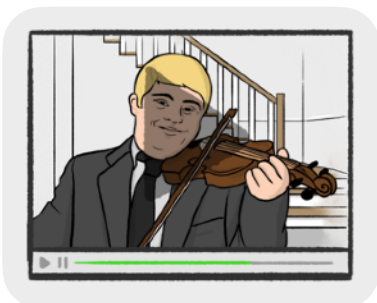
In stage 1, you will also send us:



- Information about the big change in your music you want to make, in no more than 250 words.



- Information about how your art would be different by the end of the project, in no more than 250 words.



- 2 examples of your work.



You need to send us your application. by 3 November 2025.



We will tell everyone if they can apply for stage 2 by 17 December 2025.



If we do not ask you to apply for stage 2, you can ask us for the reasons why.



You can send your application online using an Airtable form.

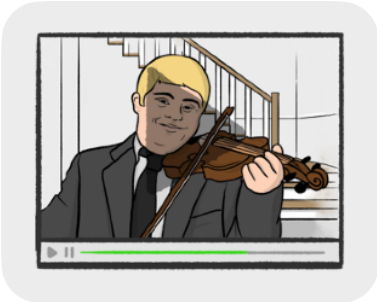


Or you can choose how you want to send your answers.

You might want to send your answers as:



- Writing.



- A short video.



- A short sound recording.



If you cannot apply online, you can apply in a different way.

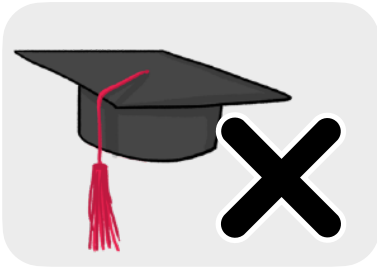


Please email Grace Bailey to talk about different ways of applying:
Grace.Bailey@SoundandMusic.org

To apply, you must:



- Be over 18 years old.



- Not be in education of any kind between April 2026 and November 2027.



- Have lived in the UK for the last 2 years.



- Plan to live in the UK until at least November 2027.

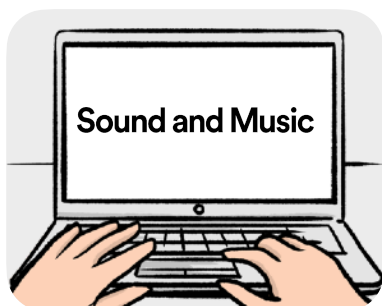


- Send us 2 recordings of your work.



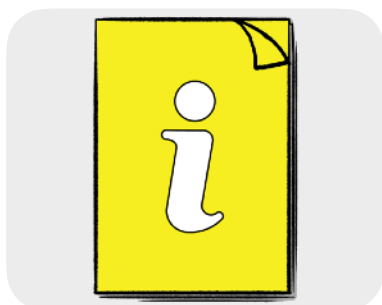
- Have **not** got money from one of our other projects in the last 6 months.

If you have any questions



You can find out more about the project on our website here:

www.soundandmusic.org/programmes/in-motion/details



We are running 2 information sessions for anyone who would like to find out more.



The sessions will:

- Be online, on Zoom.



- Be relaxed and friendly.



- Have captions so you can read the words that people are saying.

The sessions will be on:



- Monday 13 October 2025 from 12.30pm to 1.30pm for all composers. You can sign up for this session here:

www.zoom.us/webinar/register/WN_IHIOsfwpQOSb7sO3GBMyHA

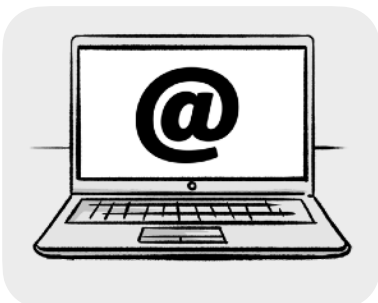


- Tuesday 14 October 2025 from 12.30pm to 1.30pm for composers who are d/Deaf, disabled or **neurodivergent**. You can sign up for this session here:

www.zoom.us/meeting/register/ZWCWKEIbTleLgw4GdkWCbg



Neurodivergent means your brain works in a different way to most people. You may be autistic or have a mental health condition.



If you have any other questions, you can contact Grace Bailey by email:

Grace.Bailey@SoundandMusic.org

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